



RE: CHARGE

A dark, textured, organic shape, possibly a shadow or a splash, occupies the left side of the frame. The shape is irregular and has a mottled, charcoal-like appearance. The background is white with scattered dark specks and faint smudges, particularly around the edges of the dark shape. The overall composition is minimalist and abstract.

< REST >



< REST >

My soul finds rest in God alone; my salvation comes from him. He alone is my rock and my salvation; he is my fortress, I will never be shaken... Find rest, O my soul, in God alone; my hope comes from him.

Psa 62:1-2,5-6 NIV84

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< PEACE >



< PEACE >

**there is two
types of tired,
I suppose**

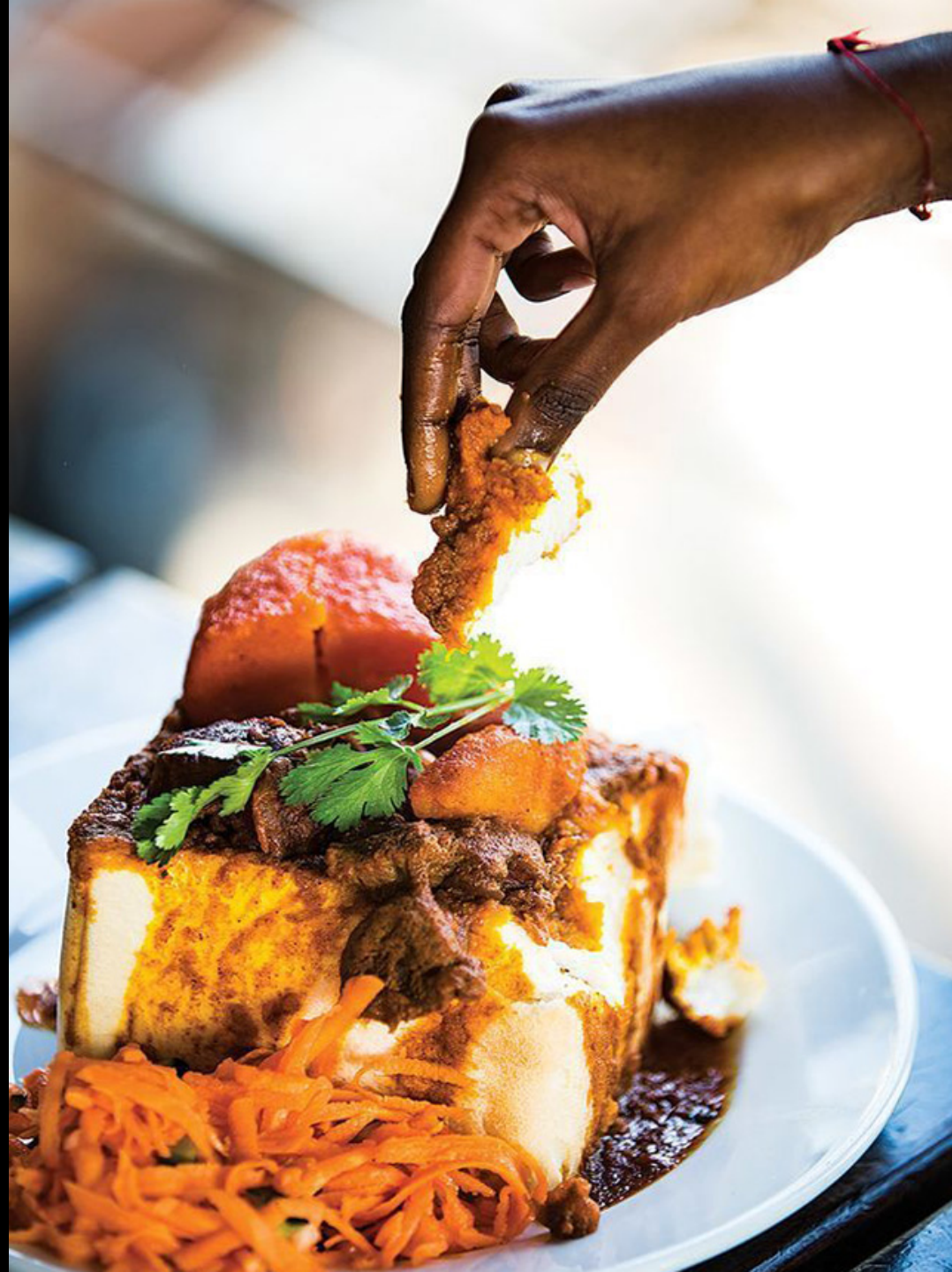
**one is a dire need of sleep
the other is a dire need of
peace**

< FOOD >













< FOOD >

Just before dawn Paul urged them all to **eat**. "For the last fourteen days," he said, "you have been in constant suspense and have gone without food—you haven't eaten anything. Now I urge you to **take some food**. **You need it to survive**. Not one of you will lose a single hair from his head."

Act 27:33-36 NIV

< FOOD >

After he said this, he took some bread and gave thanks to God in front of them all. Then he broke it and began to eat. **They were all encouraged and ate some food themselves.**

Act 27:33-36 NIV



WHY EAT?

WHY EAT?

< NOURISHMENT >

< NOURISHMENT >

I am the **bread of life**. Your ancestors ate the manna in the wilderness, yet they died. But here is the bread that comes down from heaven, which anyone may eat and not die. **I am the living bread** that came down from heaven. **Whoever eats this bread will live forever**. This bread is my flesh, which I will give for the life of the world."

Joh 6:48-51 NIV

WHY EAT?

< NOURISHMENT >

< PLEASURE >

< PLEASURE >

How **sweet** are your words to my taste, **sweeter than honey** to my mouth!

Psa 119:103 NIV

WHY EAT?

< NOURISHMENT >

< PLEASURE >

< FELLOWSHIP >

< FELLOWSHIP >

And he took bread, gave thanks and broke it, and gave it to them, saying, "This is my body given for you; **do this in remembrance of me.**" In the same way, after the supper he took the cup, saying, "This cup is the new covenant in my blood, which is poured out for you.

Luk 22:19-20 NIV



WHAT TO EAT?

WHAT TO EAT?

< LOVE >

OF GOD

< LOVE >

OF GOD

I have come into my garden, my sister, my bride; I have gathered my myrrh with my spice. I have eaten my honeycomb and my honey; I have drunk my wine and my milk. Eat, friends, and drink; **drink your fill of love.**

Son 5:1 NIV

WHAT TO EAT?

< LOVE >

< WORD >

OF GOD

< WORD >

OF GOD

Jesus answered, 'It is written: 'Man shall not live on bread alone, **but on every word that comes from the mouth of God.**'

Mat 4:4 NIV

< WORD >

OF GOD

I have not departed from the commands of his lips;
I have treasured the words of his mouth **more than**
my daily bread.

Job 23:12 NIV

WHAT TO EAT?

< LOVE >

< WORD >

< WILL >

OF GOD

< WILL >

OF GOD

But he said to them, "I have food to eat that you know nothing about." Then his disciples said to each other, "Could someone have brought him food?" "My food," said Jesus, "is to do the will of him who sent me and to finish his work."

Joh 4:32-34 NIV



RE: CHARGE



RE: CHARGE

Come, all you who are thirsty, come to the waters; and you who have no money, come, buy and eat! Come, buy wine and milk without money and without cost. **Why spend money on what is not bread, and your labor on what does not satisfy?**

Isa 55:1-3 NIV



RE: CHARGE

Listen, listen to me, and **eat what is good**, and you will delight in the richest of fare. Give ear and come to me; listen, **that you may live**. I will make an everlasting covenant with you, **my faithful love** promised to David.

Isa 55:1-3 NIV



Give us today our daily bread.

Mat 6:11 NIV

< ETERNAL FOOD >

Jesus answered, "Very truly I tell you, you are looking for me, not because you saw the signs I performed but because you ate the loaves and had your fill. Do not work for food that spoils, but for food that endures to eternal life, which the Son of Man will give you. For on him God the Father has placed his seal of approval."

Joh 6:26-27 NIV

< ETERNAL FOOD >

Then they asked him, "What must we do to do the works God requires?" Jesus answered, "The work of God is this: to believe in the one he has sent."

Joh 6:28-29 NIV

< HUNGER >

Blessed are those who hunger and thirst for righteousness, for they will be filled.

Mat 5:6 NIV



**Better a small serving of vegetables with love than
a fattened calf with hatred.**

Prov 15:17 NIV



He gives food to every creature. His love endures forever.

Psa 136:25 NIV