



FIT FOR

GODLINESS





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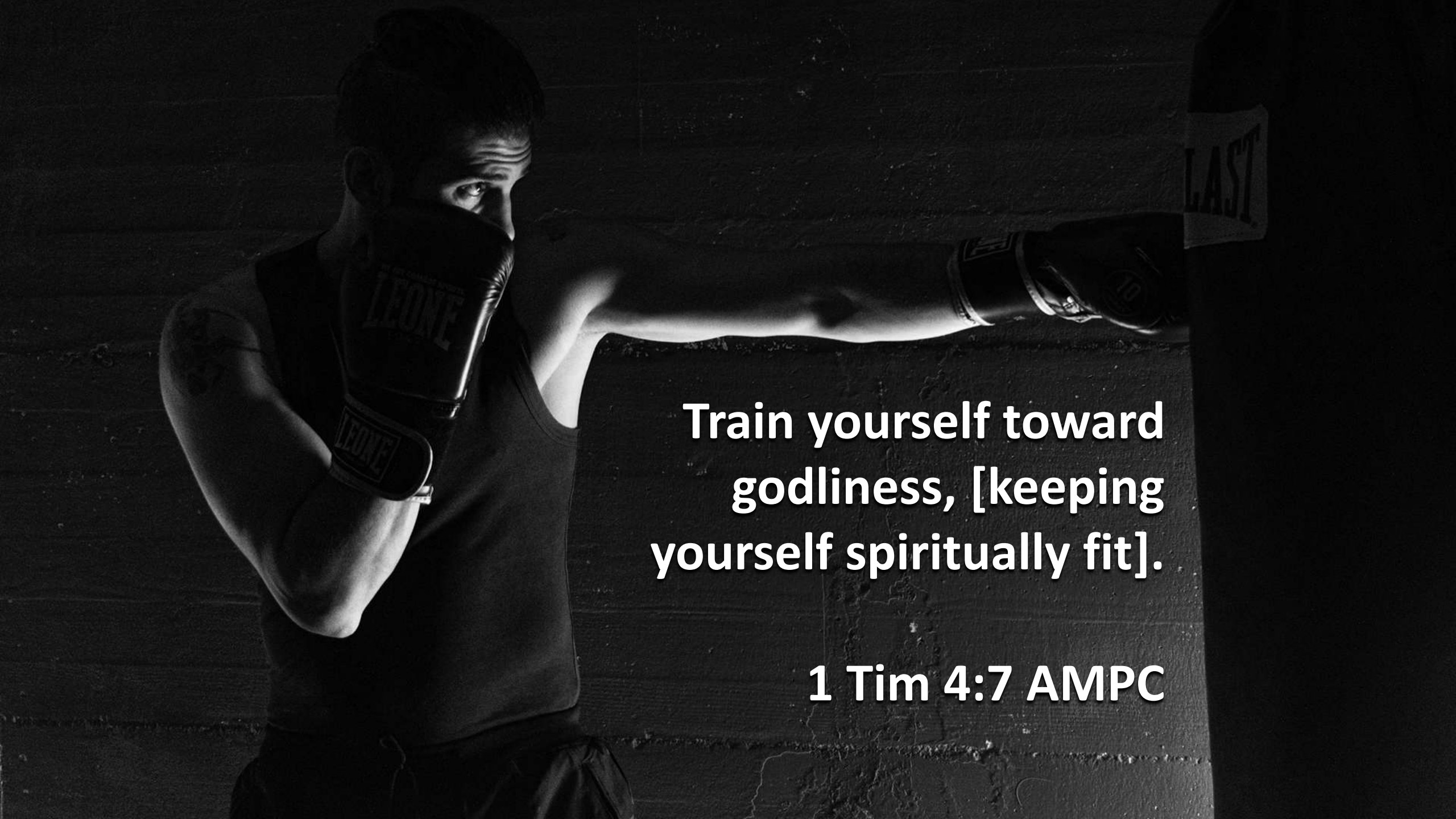
PERSEVERANCE

# PERSEVERANCE

/,pəːsɪ'veɪər(ə)n(t)s/

noun

persistence in doing something despite difficulty or delay in achieving success.



**Train yourself toward  
godliness, [keeping  
yourself spiritually fit].**

**1 Tim 4:7 AMPC**

**JESUS  
WAS BUSY**



# JESUS WAS BUSY

Jesus knew the Pharisees had heard that he was baptizing and making more disciples than John (though Jesus himself didn't baptize them—his disciples did). So he left Judea and returned to Galilee. He had to go through Samaria on the way...

Joh 4:1-8 NLT

# JESUS WAS BUSY

... Jacob's well was there; and Jesus, tired from the long walk, sat wearily beside the well about noontime. Soon a Samaritan woman came to draw water, and Jesus said to her, "Please give me a drink." He was alone at the time because his disciples had gone into the village to buy some food.

Joh 4:1-8 NLT

# JESUS WAS BUSY

Just then his disciples came back. They were shocked to find him talking to a woman, but none of them had the nerve to ask, “What do you want with her?” or “Why are you talking to her?”

Joh 4:27-30 NLT

# JESUS WAS BUSY

The woman left her water jar beside the well and ran back to the village, telling everyone, “Come and see a man who told me everything I ever did! Could he possibly be the Messiah?” So the people came streaming from the village to see him.

Joh 4:27-30 NLT

# JESUS WAS BUSY

Meanwhile, the disciples were urging Jesus, “Rabbi, eat something.” But Jesus replied, “I have a kind of food you know nothing about.” “Did someone bring him food while we were gone?” the disciples asked each other. Then Jesus explained: “My nourishment comes from doing the will of God, who sent me, and from finishing his work.”

Joh 4:31-34 NLT

I CAN'T  
HANDLE ONE  
MORE THING



# NOT ONE MORE THING

God offers His life-changing grace to taxi-driving, errand-running moms; to hardworking, overcommitted dads; to homework-heavy, extracurricular-busy students; to schedule-packed singles; to responsibility-overloaded single parents—in short, to every believer—through the Spiritual Disciplines.

Donald S Whitney

**BY THE  
HOLY SPIRIT**



# BY THE HOLY SPIRIT

And I am certain that God, who began the good work within you, will **continue his work** until it is finally finished on the day when Christ Jesus returns.

Phil 1:6 NLT

# BY THE HOLY SPIRIT

For God has not given us a spirit of fear and timidity, but of power, love, and **self-discipline**.

2 Tim 1:7 NLT

# BY THE HOLY SPIRIT

But the **Holy Spirit produces** this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and **self-control**. There is no law against these things!

Gal 5:22-23 NLT

# BY THE HOLY SPIRIT

And the **Holy Spirit helps us in our weakness**. For example, we don't know what God wants us to pray for. But the Holy Spirit **prays for us** with groanings that cannot be expressed in words.

Rom 8:26 NLT

**WITH  
OTHERS**



# WITH OTHERS

Jesus grew in wisdom and in stature and in favor **with  
God and all the people.**

Luk 2:52 NLT

# WITH OTHERS

We proclaim to you what we ourselves have actually seen and heard so that you may have **fellowship with us**. And our fellowship is with the Father and with his Son, Jesus Christ. We are writing these things so that you may fully **share our joy**.

1 Joh 1:3-4 NLT

# WITH OTHERS

And so, dear brothers and sisters, we can boldly enter heaven's Most Holy Place because of the blood of Jesus. By his death, Jesus opened a new and life-giving way.. Let us hold tightly without wavering to the hope we affirm, for God can be trusted to keep his promise.

Heb 10:19-25 NLT

# WITH OTHERS

Let us think of ways to **motivate one another** to acts of love and good works. And let us **not neglect our meeting together**, as some people do, but encourage one another, **especially now** that the day of his return is drawing near.

Heb 10:19-25 NLT

# WITH OTHERS

For I long to visit you so I can bring you some spiritual gift that will help you grow strong in the Lord. When we get together, **I want to encourage you** in your faith, but **I also want to be encouraged by yours.**

Rom 1:11-12 NLT



**KEEP GOING**

# KEEP GOING

That's why I work and struggle so hard, **depending on Christ's** mighty power that works **within me**.

Col 1:29 NLT

# KEEP GOING

We can rejoice, too, when we run into problems and trials, for we know that they help us develop **endurance**. And endurance develops strength of character, and character strengthens our confident hope of salvation.

Rom 5:3-5 NLT

# KEEP GOING

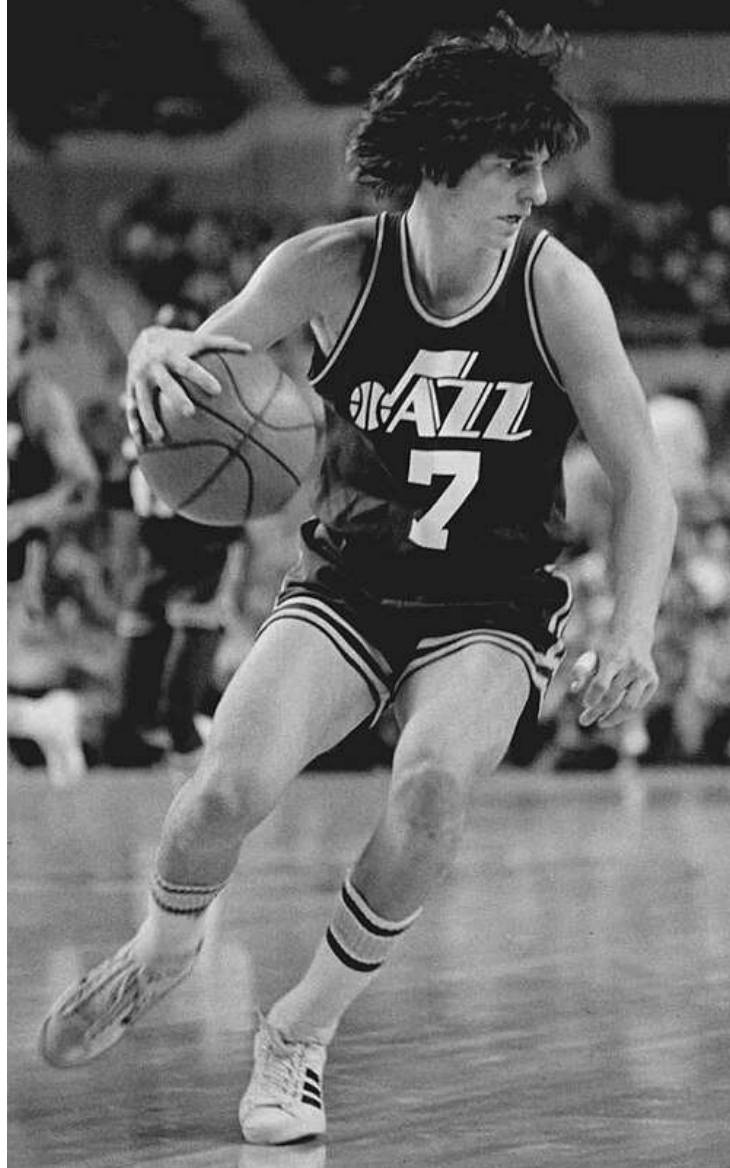
And this hope will not lead to disappointment. For we know how dearly **God loves us**, because he has given us the Holy Spirit to fill our hearts with his love.

Rom 5:3-5 NLT

# KEEP GOING

No, dear brothers and sisters, I have not achieved it, but I focus on this one thing: Forgetting the past and looking forward to what lies ahead, **I press on** to reach the end of the race and receive the heavenly prize for which God, through Christ Jesus, is calling us.

Phil 3:13-14 NLT





PERSEVERANCE